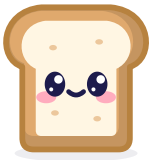
Unit 1: Eat, drink and be healthy

B1 · English · 16 questions

Flashcards

appealing	 ingredient	 celebrity	detox
 maple	bland	 cayenne pepper	sweetened
 stale	 fresh	rotten	mild

Worksheet: Unit 1: Eat, drink and be healthy

Name: _____ Class: _____

Write the word.

1.  _____
2.  _____
3.  _____
4.  _____
5.  _____
6.  _____

Fill in the gap.

appealing bland cayenne pepper celebrity detox fresh ingredient maple mild rotten stale sweetened

7. The colourful fruit salad looks very _____.
8. Carrot is the main _____ in this soup.
9. The _____ shared her healthy breakfast ideas online.
10. Some people drink green juice for a _____.
11. I like _____ syrup on my pancakes.
12. The soup is _____, so it needs salt.
13. A little _____ makes the soup hot.
14. I don't like _____ tea with lots of sugar.
15. This bread is _____ and very hard.
16. We buy _____ vegetables at the market.
17. Don't eat that _____ apple.
18. This curry is _____, not spicy at all.

Answer the questions.

19. You bite into a lemon. It tastes ___.

    a) bland b) salty c) sour d) sweet

20. You eat too much sugar. What should you eat more of?

    a) cakes b) fresh fruit c) fried chips d) sweets

21. The soup has no salt or spice. It tastes ___.

    a) bland b) sour c) spicy d) sweet

22. Your diet has few greens like broccoli. You should eat more ___.

    a) biscuits b) butter c) sweets d) vegetables

Answers

1. ingredient
2. celebrity
3. maple
4. cayenne pepper
5. stale
6. fresh
7. appealing
8. ingredient
9. celebrity
10. detox
11. maple
12. bland
13. cayenne pepper
14. sweetened
15. stale
16. fresh
17. rotten
18. mild
19. sour
20. fresh fruit
21. bland
22. vegetables