Unit 14: Staying healthy

A1 · English · 16 questions

Flashcards

 do morning exercises	 play sports	 drink fresh juice	 eat healthy food
 do yoga	 eat vegetables	once	twice
 three times	 stay healthy	lifestyle	 do judo

Worksheet: Unit 14: Staying healthy

Name: _____ Class: _____

Write the word.

1.  _____
2.  _____
3.  _____
4.  _____
5.  _____
6.  _____
7.  _____
8.  _____
9.  _____

Fill in the gap.

do morning exercises drink fresh juice eat healthy food eat vegetables
lifestyle once play sports stay healthy three times twice

10. I _____ every day.
11. We _____ after school.
12. I _____ at breakfast.
13. We _____ at home.
14. I _____ with my rice.
15. I swim _____ a week.
16. I play football _____ a week.
17. She does yoga _____ a week.
18. I eat fruit to _____.
19. A healthy _____ is good for you.

Answer the questions.

20. What do you do to stay healthy?

a) I am ten. b) I eat vegetables. c) I go by bus. d) I like blue.

21. How often do you do yoga? – I do yoga ___ a week.

    a) always day b) tomorrow c) twice d) yesterday

22. How often do you play sports? – ___ a week.

    a) In the park b) Three o'clock c) Three times d) With friends

23. What do you do to stay healthy? – I ___ every morning.

    a) do morning exercises b) eat sweets c) play video games d) watch TV late

Answers

1. do morning exercises
2. play sports
3. drink fresh juice
4. eat healthy food
5. do yoga
6. eat vegetables
7. three times
8. stay healthy
9. do judo
10. do morning exercises
11. play sports
12. drink fresh juice
13. eat healthy food
14. eat vegetables
15. once
16. twice
17. three times
18. stay healthy
19. lifestyle
20. I eat vegetables.
21. twice
22. Three times
23. do morning exercises