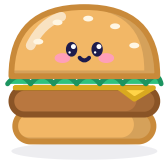
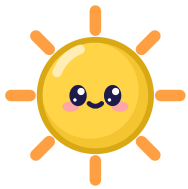
Unit 3: Healthy living for teens

A2 · English · 16 questions

Flashcards

additional	anxiety	 assignment	counsellor
 deadline	distraction	 due date	 fattening
 mental	minimise	 mood	 optimistic

Worksheet: Unit 3: Healthy living for teens

Name: _____ Class: _____

Write the word.

1.  _____
2.  _____
3.  _____
4.  _____
5.  _____
6.  _____
7.  _____

Fill in the gap.

additional	anxiety	assignment	counsellor	deadline	distraction
due date	fattening	mental	minimise	mood	optimistic

8. We need _____ time for this project.
9. Exams can cause _____ for many students.
10. I finished my English _____ last night.
11. The school _____ listens to students' problems.
12. The _____ for this project is Friday.
13. A phone can be a big _____.
14. Write the _____ in your notebook.
15. Too many sweets are _____.
16. Sleep is good for your _____ health.
17. We can _____ stress by planning our time.
18. Music improves my _____.
19. She is _____ about the test.

Answer the questions.

20. If you sleep late, you ___ tired tomorrow.

a) feeling b) fell c) felt d) will feel

21. You should exercise to avoid ___.

    a) gain weight b) gained weight c) gaining weight d) to gain weight

22. Yesterday: “You should talk to a counsellor.” → She ___ talking to a counsellor.

    a) suggest b) suggested c) suggesting d) suggests

23. If you eat too much fast food, you will ___.

    a) feel very thin b) gain weight c) grow taller quickly d) lose weight

Answers

1. assignment
2. deadline
3. due date
4. fattening
5. mental
6. mood
7. optimistic
8. additional
9. anxiety
10. assignment
11. counsellor
12. deadline
13. distraction
14. due date
15. fattening
16. mental
17. minimise
18. mood
19. optimistic
20. will feel
21. gaining weight
22. suggested
23. gain weight