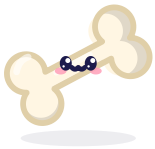
Unit 5: Healthy Living

A2 · English · 16 questions

Flashcards

addicted	 benefit	 bone	 calorie
 chemical	detox	fat	harmful
harmless	maintain	myth	 nap

Worksheet: Unit 5: Healthy Living

Name: _____ Class: _____

Write the word.

1.  _____
2. _____
3.  _____
4.  _____
5.  _____

Fill in the gap.

addicted benefit bone calorie chemical detox fat harmful harmless maintain myth nap

6. He is _____ to computer games.
7. Exercise has many _____s for your body.
8. Milk is good for your _____s.
9. Sweet drinks have a lot of _____s.
10. Some _____s are bad for your health.
11. A _____ diet is not always healthy.
12. Fast food has too much _____.
13. Too much sugar is _____ to teeth.
14. This small insect is _____.
15. We eat well to _____ good health.
16. That story about carrots is a _____.
17. I take a short _____ after lunch.

Answer the questions.

18. If you eat too many sweets, you ___ get bad teeth.
    a) are b) did c) were d) will
19. To stay healthy, you ___ drink water every day.
    a) mustn't b) should c) shouldn't d) won't
20. To stay healthy, you ___ stay up all night.
    a) are b) did c) shouldn't d) were

21. If you don't sleep well, you ___ feel tired.

a) are b) did c) were d) will

Answers

1. benefit
2. bone
3. calorie
4. chemical
5. nap
6. addicted
7. benefit
8. bone
9. calorie
10. chemical
11. detox
12. fat
13. harmful
14. harmless
15. maintain
16. myth
17. nap
18. will
19. should
20. shouldn't
21. will